



Glaramara

Lake District Outdoor Activities

Borrowdale Valley, Keswick CA12 5XO



CHECK OUT OUR CURRENT ACTIVITY SCHEDULE

Are you a group, family or individual visiting the area and looking for something different to do? Try an Outdoor Activity?

You will:

- Learn some new skills
- Be challenged
- Have fun

Duration – half day or longer

Cost – prices start from **£20** per person (half-day) and in return you will receive:

- Specialist equipment and tuition from our qualified, experienced Instructors
- Drop-offs and pick ups
- Hot drinks and showers and more.....



Graham Derbyshire
Association of Caving Instructors



ACTIVITIES INCLUDE

ON ADRENALINE

Ghyll Scrambling
Via Ferrata

ON ROCK

Rock Climbing
Abseiling

ON WATER

Canoeing/Kayaking

ON WHEELS

Mountain Biking

AND BELOW

Caving

Our Outdoor Activities are provided from the

Glaramara Centre

For Activity
Schedule and
more information:

www.glaramara.co.uk

or email:

info@glaramara.co.uk

or telephone:

017687 77222