

# Glaramara

Seatoller, Borrowdale, Keswick  
Cumbria CA12 5XQ

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## TARIFF - Accommodation and Food

All prices shown are per person per night and include VAT

- Bed and Breakfast.....£37
- Packed Lunch .....£6
- Dinner (3 course) .....£18
- Dinner, Bed & Breakfast .....£51
- Full Board .....£56

Special rates apply for schools, colleges and large groups.  
Centre exclusivity can be provided.  
Please contact the Centre for terms.

The Centre is also available for hire, contact us for prices.

## Outdoor Activities

- Rock Climbing
- Abseiling
- Ghyll Scrambling
- Tyrolean Gorge Crossing
- Canoeing
- Kayaking
- Hill Walking
- Caving
- Orienteering
- Mountain Biking  
(additional cost for bike hire)
- Mine Exploration
- Problem Solving
- Archery
- Raft Building
- Dragon Boating
- Coracle Building
- Via Ferrata  
(additional price applies)

### Rates per day are:

- 1 - 2 persons — £155.00
- 3 - 4 persons — £195.00
- 5 - 6 persons — £45.00 pp
- 7 persons — £43.00 pp
- 8 persons plus — £42.00 pp  
per day

Discounts are available for school and youth groups.  
Please contact the Centre for details.

Special rates also available for large parties and off season bookings.

*Team Building and Training Packages are assessed according to clients needs and are subject to individual price negotiations.*

*A variety of skills courses available.*

*All equipment is provided.*

*Changing and shower facilities, transport to activity sites all included.*

**COMMENTS from some of our regular customer groups:**

‘Glaramara’s location and excellent team offer a range of activities which promote high self esteem, self-confidence and a positive approach to learning’.

*Mrs S Yule  
Headteacher  
Lady Barn House School  
Cheadle, Cheshire*

‘On behalf of the members of the Derbyshire Pennine Club, I wish to thank you and all of your staff for making our AGM and annual dinner weekend such a success. I had universal praise from members for both the quality of food and helpfulness of your staff’.

*Mr Martin Pierce  
Hon. Club Secretary  
Derbyshire Pennine Club*

‘David runs a wonderful Activity Centre. The staff are professional, helpful and friendly. They are always there to support our Student Group. The activities are run with precision and such professionalism. The service provided is first class and nothing is of too much trouble. I have been working with David for the past 6 or 7 years now and will continue to do for the unforeseen future mainly because I trust the service provided. I am a director of a study abroad programme based in London and I need to make sure that our students (aged around 20 years) are in safe and professional care during their weekend event. Glaramara meets all those requirements’.

*Ms Lynne Alvarez  
Director of Student Services  
Institute for Study Abroad*

‘What more can I say, we had a fantastic time, from start to finish the whole 2 days went like clockwork. I'd like to take this opportunity to thank you and your staff for all your help making this a particularly rewarding conference. In particular I like to thank Ian, who was with us throughout the 2 day event and ensured that everything and everyone was looked after, Lucy, who showed no fear and had tremendous time and patience with the team as we conquered our fears on the "dizzy heights" abseiling... and of course, Jonny, who helped us all as we scrambled down the gorge... there are certainly lots of aching bodies this morning. We pushed a few boundaries and celebrated our success in way that certainly came through as one team which was always the intention, so once again thanks for all your help’.

*Eamonn Kavanagh  
Group Organiser, Vimto Soft Drinks*